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# Emergency Use of Restrictive Practice Residential Care and Transition Services

## Child/young person details

Name	D.O.B.	Program	Plan date	Review date

## Emergency use of physical restraint or emergency use of environmental restraint and removal of objects that cause harm

These strategies are designed to reinforce the **safety** of the child/young person, those working closely with child/young person, and others who the child/young person may engage or be in contact with through their lifestyle. The strategies provide information and techniques for identifying and immediately managing incidents of high-risk behaviour where emergency response may be required to reduce risk of harm.

Importantly, the focus of these strategies is to address the immediate-term management of a situation as opposed to providing structured learning opportunities for the individual. Strategies to assist the individual to learn more appropriate responses are properly developed through Proactive Strategies and Positive Programming. Nevertheless, consistency in the application of emergency use of restrictive practice, by those providing support to the child/young person is critical, and any restrictive strategies adopted should be developed in conjunction with corresponding positive programming approaches.

The emergency use of restrictive practice must only be used as a last resort strategy when other proactive strategies and Safety Plan interventions have been exhausted. Emergency use of restrictive practice may be considered when the child/young person is behaving in a way that presents a foreseeable risk of harm or actual risk of harm to themselves or others.

The strategies outlined in the instructions below are the only planned emergency use of restrictive practice to be used. It is best practice that all employees be trained in the strategies outlined below in the plan. On occasion whereby employees are either on sick leave or Work Cover; a minimum of one (1) staff member will be rostered on who is able to safely implement the reactive management strategies. Approval for only one employee with training must be sought by the Senior Program Manager (SPM) or the Mercy Community (MC) On-call Manager should this strategy be required.

## Behaviour description

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Risk assessment and identification							
			FREQUENCY OF THE BEHAVIOUR				
			How often does the behaviour occur? Refer to previous critical incidents/behaviour support plans to determine the frequency of the behaviour				
			<b>RARE</b> May occur in exceptional circumstances. Doesn't happen often	<b>UNLIKELY</b> Unlikely to occur e.g. less than once per month	<b>POSSIBLE</b> Possible to occur in some circumstances e.g. one to three times per month	<b>LIKELY</b> Likely to occur. E.g. one or more times per week	<b>ALMOST CERTAIN</b> Almost certain to occur e.g. daily
<b>INTENSITY OF THE BEHAVIOUR</b>	If the behaviour occurred, what would be the impact?	A behaviour that causes <b>insignificant impact</b> on the safety of the child or others that causes minor disruption and does not lead to injury or physical harm.	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk
		A behaviour that <b>minor impact</b> on the safety of the child or others that requires a response to de-escalate the situation or ensure the safety of the child or others and/or reduce environmental risk.	Low Risk	Low Risk	Medium Risk	Medium Risk	Medium Risk
		A behaviour that causes <b>moderate impact</b> on the safety of the child or others that has the potential to require an immediate response to avert and adverse outcome and reduce the risk to the child or others.	Medium Risk	Medium Risk	Medium Risk	High Risk	High Risk
		A behaviour that causes <b>major impact</b> on the safety of the child or others that has the potential to cause significant injury; or an outcome that requires first aid response/medical treatment	Medium Risk	Medium Risk	High Risk	Extreme Risk	Extreme Risk
		A behaviour that causes <b>serious and critical impact</b> on the safety of the child or others that has the potential to cause serious injury that requires hospitalisation, urgent medical treatment, police and or ambulance presence or illegal behaviour	Medium Risk	High Risk	High Risk	Extreme Risk	Extreme Risk
Risk Assessment Outcome			Low	Medium	High	Extreme	

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<b>Risk analysis</b>
Identify level of risk including frequency, intensity and duration of behaviour, function of the behaviour and rationale for use.
<b>Details of restrictive practice</b>
Environmental restrictions
Proactive risk management strategies
Crisis risk management strategies – physical restriction
Post Crisis Strategies
Medication (PRN)
Not required

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## Emergency Use of Restrictive Practice

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#### Reporting requirements

**Note:** As per requirements outlined in GOV SOP Incident Management, any use of emergency physical restraint or removal of items must be reported immediately to a Care Team Leader/Senior Program Manager and an Incident Log completed.

#### Monitoring and review process

For any restrictive practice there must be a strategy to reduce and minimise its ongoing use.

	Name/ Role	Signature	Date
Plan developed by			
Plan approved by			
Stakeholder/s	<add rows as required>		

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Appendix 1

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